

Memorable Meals

The sun, the sea, and the sights will leave you with quite an appetite! Fortunately, St. Lucia offers the perfect repast for every palate, from the roadside vendor's spicy, tender, foil-wrapped fish and 'bakes' to elegant multi-coursed dinners of gourmet creole cuisine.

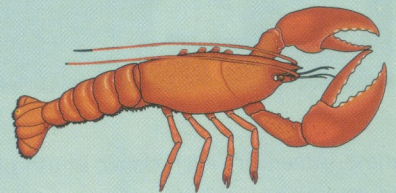
There's fast food: pizza, Indian rotis, fried chicken—and there's satisfying "slow" food, St. Lucian-style: bouyon, callaloo soup, fried plantain, crispy flying fish, saltfish and green fig (banana) salad. Be sure to try all the delicious local specialties: fresh fruit juices including passionfruit, guava, golden apple, and pineapple; coconut water (a popular tonic) and the sweet, rich coconut jelly; seamoss punch (like a nutmeg-scented milkshake); locally brewed beers; and of course bananas in a variety of tasty forms!

You'll also find a wide variety of international cuisines: Italian, French,



Steak & Seafood Specialties

**FRESH LOBSTER
IN SEASON**



**TAKE AWAY
SERVICE AVAILABLE**

"The food is fresh and the meals are delicious"
FODOR GUIDE
"My favorite restaurant in the Caribbean"
NICK ASHWORTH,
INTERNATIONAL RESTAURANTEUR



*Situated by the water's edge on
beautiful Rodney Bay*
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**ST. LUCIA'S BEST
BBQ BABY BACK RIBS!**



THE GREAT HOUSE

RESTAURANT



Colonial Enchantment,

Built on the original foundations of the de Longville home laid in the mid 1700's, the Great House Restaurant recaptures the elegance of those enchanting colonial days. Colonial architecture gracefully framed by branches of massive old trees begins the enchantment. With its gracious ambience the Great House is perfectly suited to host your most special occasions. The private dining room seats up to 25 people. Special menus, tailored by the Chef to meet your requirements, for breakfast, brunch, dinner or tea, are of the same exquisite quality for which the Great House has become so well known. Let the enchantment capture your most sacred moments. A wedding at the Great House is indeed one of total splendor. With friendly staff, scrumptious cuisine, soft elegant ambience and a fantastic sea view, the Great House Restaurant is all class.

Pure Elegance



CAP ESTATE, BOX 389, CASTRIES, ST. LUCIA. W.I.
Tel: (758) 450-0450 / (758) 450-0211
Fax: 450-0451



Chinese, American, even classic British pub food, as well as familiar continental favourites. When you're in the mood for a steak, fresh seafood, or mouth-watering pasta, you won't have to look far.

For distinctive dining featuring both creole and international specialties, you can't go wrong with a visit to the Great House Restaurant, far north at Cap Estate. Formerly a colonial mansion, the Great House is also a popular site for outdoor theatrical performances. Inside, high ceilings, an excellent view of the ocean, linen tablecloths, glistening crystal, and the exquisitely professional staff make every meal a memorable occasion.

Also at the north end of the island, conveniently located in Rodney Bay, the Charthouse Restaurant specializes in steak and seafood. Enjoy a leisurely meal while you watch boats set sail for the Caribbean Sea. You can also order take-out dishes to enjoy in the privacy of your hotel room.

La Creole Restaurant, just off the main road by Gros Islet, features creole specialties with a gourmet twist. The lively ambience and delicious aromas drifting

from the kitchen will make your lunch or dinner an extraordinary experience.

In the south of the island, Skyway Inn at Vieux Fort is an ideal choice for breakfast, lunch, or dinner. Select from an excellent menu featuring both Caribbean and international menus.

For a complete listing of restaurant choices, please turn to the "Restaurants" section in the Yellow Pages. Please note that most restaurants include a 10% service charge on your bill; however, you may prefer to leave a larger tip for commendable service. Major credit cards are accepted almost everywhere.

Restaurant dining in St. Lucia is an occasion, and you'll probably want to dress for dinner; shorts and t-shirts are best left for the beach. Advance reservations are recommended.

ST LUCIA
 Simply Beautiful



LA CREOLE RESTAURANT

*The very best of
french creole
cooking and more...*

Tel: 450-0022
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**Open Daily for
Lunch & Dinner**